

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM:	AM:	AM:	AM:	AM:	AM:	AM:
	9-10:30 Ladies Practice		9-10:30 Ladies Practice	Early bird upon demand	8-9:00 Mens	
	10-10:30 PeeWee's		10-10:30 PeeWee's		9-10:30 Cardio	
10:30-12 Junior Clinic	10:30-12 Junior Clinic	10:30-12 Junior Clinic	10:30-12 Junior Clinic			
				PM:		PM:
PM:	PM:	PM:	PM:		PM:	
6:30-8 Cardio	6:30-8 Ladies Clinic	6:30-8 Men's Clinic	6:30-8 Cardio			